

| DAY 2, September 6th 2019 |   |     |                        |   |                               |     |                       |   |  |
|---------------------------|---|-----|------------------------|---|-------------------------------|-----|-----------------------|---|--|
| track 1 (auditorium 1)    |   |     |                        |   | track 2 (PCK auditorium)      |     |                       |   |  |
| 08:40-09:30               | Registration + morning coffee (forpladsen)  |     |                        |   |                               |     |                       |   |  |
| 09:30-09:40               | Plenary opening day 2   |     |                        |   |                               |     |                       |   |  |
| 09:40-10:00               | Superspot plenary presentation (auditorium 1)   |     |                        |   |                               |     |                       |   |  |
| 10:00-10:40               | Keynote 3: Alexander Rozental: Negative effects of Internet-based interventions (auditorium 1)  |     |                        |   |                               |     |                       |   |  |
| 10:40-11:20               | Coffee, posters 3 and tech demonstrations 2 (forpladsen)  |     |                        |   |                               |     |                       |   |  |
|                           | Track 1 (auditorium 1)  |     |                        |   | Track 2 (PCK auditorium)      |     |                       |   |  |
| 11:20-13:00               | PRACTITIONERS AND ORGANISATIONS' VIEWS  | 78  | Cristina Mendes Santos | Portrait of Portuguese psychologists' attitudes toward and frequency of use of internet-delivered interventions: an exploratory cross-sectional study               | SPECIFIC PATIENT GROUPS       | 53  | Anton Käll            | Guided self-help for loneliness – A randomized controlled trial   |  |
|                           |   | 167 | Eva Van Assche         | What do mental healthcare organizations think about implementing e-mental health? An implementation study of blended depression treatment with Moodbuster           |                               | 11  | Susanne S. Pedersen   | eMindYourHeart - Internet-based treatment of depression and anxiety in patients with ischemic heart disease   |  |
|                           |   | 160 | Annet Kleiboer         | European Comparative Effectiveness on Internet-based Depression Treatment (E-COMPARED)  |                               | 169 | Barbara Nacke         | Recruiting women to an online program to prevent eating disorders: first insights on reach from a dissemination study   |  |
|                           |   | 72  | Ruth Crowther          | Health Practitioner Awareness and Use of Digital Mental Health in Australia   |                               | 119 | Ángel C. Pinto-Bruno  | iSupport: online support program for unpaid carers of people with dementia. Adaptation to the Dutch cultural context and RCT preliminary results.   |  |
|                           |   | 158 | Tom Van Daele          | Digital psychological interventions: Recommendations for practice by the EFPA TF on E-Health  |                               | 162 | Ewelina Smoktunowicz  | Med-Stress: Resource-Oriented Internet Intervention Reduces Job Stress and Burnout Among Medical Professionals.   |  |
| 13:00-13:50               | Lunch and tech demonstrations 2 (forpladsen)  |     |                        |   |                               |     |                       |   |  |
|                           | Track 1 (auditorium 1)  |     |                        |   | Track 2 (PCK auditorium)      |     |                       |   |  |
| 13:50-15:30               | EHEALTH IN ROUTINE CARE   | 43  | Rikke Nørgaard Elster  | User experiences of ICBT in routine care: a qualitative study   | CHILDREN, YOUTH AND PARENTING | 170 | Johannes Verner Olsen | eHealth Interventions for Children with Autism Spectrum Disorders: Cost-effective, Easy-to-use, and Fun   |  |
|                           |   | 171 | Anne Etzelmueller      | What can we learn for iCBT interventions in routine care? Reporting on intervention's components, effectiveness and implementation                                  |                               | 55  | Bart Witvrouwen       | A prototype of a serious game aimed at improving mental health in adolescents: Development and evaluation   |  |
|                           |   | 154 | Ingrid Titzler         | Hindering and facilitating factors for the implementation of blended psychotherapy in secondary care: A qualitative study of therapists' perspective in Switzerland |                               | 36  | Martina Nord          | Therapist-supported internet-delivered cognitive behavioural therapy versus internet-delivered support and counseling for youth with social anxiety disorder: a randomized controlled trial |  |
|                           |   | 16  | Raphael Schuster       | Effectiveness of adding an Internet intervention (Deprexis) for depression to routine outpatient psychotherapy : Subgroup Analysis of the Evident Trial             |                               | 64  | Matilda Berg          | Guided internet-based Cognitive Behavioural Therapy for Adolescents With Anxiety – A Factorial Design Study.  |  |
|                           |   | 35  | Tine Nordgreen         | Guided Internet-based treatment for depression in routine care  |                               | 120 | Andre Sourander       | Digitally delivered parenting programs in randomized controlled study designs   |  |
| 15:30-16:10               | Coffee, posters 4 and tech demonstrations 2 (forpladsen)  |     |                        |   |                               |     |                       |   |  |
| 16:10-16:50               | keynote 4 (auditorium 1) Nick Titov & Blake Dear: Lessons in Delivering Digital Mental Health Services: Ten things we learned the hard way  |     |                        |   |                               |     |                       |   |  |
| 16:50-17:00               | Day 2 closing (auditorium 1)  |     |                        |   |                               |     |                       |   |  |
| 17:30-18:30               | <p style="text-align: center;"><b>After the conference, we will all go to Fælledparken, located right next to Rigshospitalet. We will bring some skateboards and it will be possible to try out some cool tricks on the skatepark. There will also be plenty of hula hoops and if anybody likes to kick a ball, there will be free beers for anyone who can score a goal on Katrine from the conference committee!</b></p>  |     |                        |   |                               |     |                       |   |  |
| 21:00-????                | <p style="text-align: center;"><b>ESR!! Party (pay your own drinks). Wear your best party outfit and be ready to dance like nobody's watching to the tunes from the best DJ in Copenhagen! The party starts at nine so come early and get sweaty with us! No registration is needed but please bring your conference badge for the door. Location: Støberiet, Blågård's Pl. 5 - <a href="https://goo.gl/maps/diyZJebXs1GNDL7ZA">https://goo.gl/maps/diyZJebXs1GNDL7ZA</a></b></p> |     |                        |   |                               |     |                       |   |  |